



LEWES Polar Bear Plunge

To Benefit
Special Olympics
Delaware

MARCH 14, 2010 AT 1:00 P.M.

REHOBOTH AVE. & THE BOARDWALK REHOBOTH BEACH, DE

THE EVENT...

Be invigorated as never before – take the Polar Bear Plunge into the Atlantic Ocean For Special Olympics Delaware – our state’s largest year-round organization devoted to sports training and athletic competition for children and adults with intellectual disabilities and cognitive delays.

This ‘unbearable’ event, scheduled for Sunday, March 14 at 1:00 P.M. in Rehoboth Beach, is presented by...



and supported by...



TO PARTICIPATE...

1. Mail in the Lewes Polar Bear Plunge Pre-Registration Form (on bottom of reverse side) with \$10 to Special Olympics Delaware. The \$10 is non refundable and counts towards your \$50 total pledge and will guarantee your sweatshirt will be available the day of the plunge.
- ☞ All polar bears (whether or not they are pre-registered) must check-in/register at the event on either
Mar 12 The Atlantic Sands Hotel (5-8 pm) -OR-
Mar 13 The Atlantic Sands Hotel (11am-9pm) -OR-
Mar 14 Rehoboth Beach Bandstand (10 am-plunge)
2. Solicit contributions from family, friends or businesses.
3. MINIMUM total contributions per Polar Bear is \$50.
4. Bring all monies collected to the event.
- ☞ Please note: If you are under the age of 18 the Plunge Waiver Form must be signed by parent or guardian.
5. ATTIRE: Swimsuit ONLY. No T-shirts or wet suits!
6. For More Information... call 302-831-4653 or 302-855-0546 or visit www.plungeDE.org

THE LEWES POLAR BEARS



DELMARVA BROADCASTING COMPANY

PRE-REGISTRATION FORM ON OTHER SIDE

As A Plunging Polar Bear You Will Receive...

- ◆ Official Polar Bear Plunge Sweatshirt
- ◆ 5 x 7 Group Color Photo
- ◆ Apres Plunge Party
- ◆ For total contributions of \$250 or more Polar Bear will receive the above *plus* an *Embroidered* plush towel
- ◆ For total contributions of \$500 or more Polar Bear will receive the above *plus* an *Embroidered* sweatshirt
- ◆ For total contributions of \$1,000 or more Polar Bear will receive the above *plus* an *Embroidered* fleece jacket
- ◆ For total contributions of \$2,000 or more Polar Bear will receive the above *plus* a luxurious *Embroidered* terry cloth robe
- ◆ For total contributions of \$5,000 or more Polar Bear will receive the above *plus* an original stained glass polar bear
- ◆ The *great* feeling of freezing your fur off for a truly worthy cause

Polar Tips

Or... How to Make This *Unbearable* Event *Enjoyable*

- #1 Bring a robe... great for putting on while waiting to go in and even better to slip into as you dry off.
- #2 Keep your feet covered until the last possible moment.
- #3 Bring extra towels or a blanket to stand on... remember, the sand is like ice!
- #4 Wear layered, loose fitting clothes... they're easier to get into when fingers are cold.
- #5 Plunge with a friend... it's more fun!
- #6 No diving! Or entering the water head first.

Special Prizes for...

Polar Bear who raises the most money

Polar Bear who recruits the most bears

It is recommended Bears 'register' the name of the group prior to the plunge and assure the members of the group use the correct name in the section marked 'Plunge Group.'

Check out the latest on-line at www.plungeDE.org



Pre-Registration Form DUE March 5, 2010 with \$10 to reserve sweatshirt. PLEASE PRINT CLEARLY!

In order to receive your sweatshirt at the event, you must 1) Submit your form & non-refundable \$10 by March 5, 2010 AND 2) Bring a minimum of \$40 additional to registration, totalling \$50 submitted.

_____ I am a first-time Polar Bear _____ I am a veteran Polar Bear (check box if information below is new)

Polar Bear Name: _____ E-mail: _____

Recruited By: _____ Plunge Group: _____

Street: _____ Employer: _____

City: _____ State: _____ Zip: _____ Phone: (_____) _____

Event Sweatshirt size (please circle) Adult S M L XL XXL XXXL Youth M L

I have enclosed \$ _____ for Plunge Registration Check enclosed (payable to Special Olympics Delaware)

M/C or Visa Acct. # _____ Exp. Date _____

**Return this completed form to: Special Olympics Delaware · University of Delaware · Newark · DE · 19716-1901
or Fax completed form to 302-831-3483 or 302-855-0547**

WAIVER FORM

If you are under the age of 18...

a parent or guardian must sign this form;
then bring it with you to registration
in order to plunge.

If you are 18 years of age or older...

You will be asked to sign the
Waiver and Release on
Plunge Day at registration.

SPECIAL OLYMPICS RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY, AND PARENTAL CONSENT AGREEMENT ("AGREEMENT")

In consideration of participating in the **LEWES POLAR BEAR PLUNGE**, I represent that I understand the nature of the event and that I and/or my minor child am qualified, in good health, and in proper physical condition to participate in such Activity. I acknowledge that if I and/or my minor child believe event conditions are unsafe, I and/or my minor child will immediately discontinue participation in the Activity.

I fully understand that the Polar Bear Plunge event involves risks of serious bodily injury, including permanent disability, paralysis and death, which may be caused by my own actions, or inactions, those of others participating in the event, the conditions in which the event takes place, or the negligence of the "releasees" named below; and that there may be other risks either not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, costs, and damages I and/or my minor child incur as a result of my and/or my minor child's participation in the Activity.

I hereby release, discharge, and covenant not to sue Special Olympics Delaware, their respective administrators, directors, agents, officers, volunteers, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which the Activity takes place, (each considered one of the "RELEASEES" herein) from all liability, claims, demands, losses, or damages on my account and/or that of my minor child caused or alleged to be caused in whole or in part by the negligence of the "releasees" or otherwise, including negligent rescue operations; and I further agree that if, despite this release, waiver of liability, and assumption of risk I, or anyone on my and/or my minor child's behalf, makes a claim against any of the Releasees, I will indemnify, save, and hold harmless each of the releasees from any loss, liability, damage, or cost which any may incur as the result of such claim.

I have read this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT, AND PARENTAL CONSENT AGREEMENT, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect.

PRINT POLAR BEAR NAME

Signature of Participant
(only if participant is age 18 or over)

DATE

Signature of Parent/Guardian
(if participant is under age 18)

DATE

PLEDGE FORM

MARCH 14, 2010

Polar Bear's Name _____

Address _____

City _____ State _____ Zip _____ Phone _____

Donor's name	Address	Amount
1. _____	_____	_____
2. _____	_____	_____
3. _____	_____	_____
4. _____	_____	_____
5. _____	_____	_____
6. _____	_____	_____
7. _____	_____	_____
8. _____	_____	_____
9. _____	_____	_____
10. _____	_____	_____
11. _____	_____	_____
12. _____	_____	_____
13. _____	_____	_____
14. _____	_____	_____
15. _____	_____	_____